

8th ANNUAL FAMILY MEDICINE CONFERENCE (FMC)
Friday, May 10, 2024, Charlottetown, PEI

8:15 – 8:45 AM	Coffee & Registration	
8:45 AM	Welcome - Dr. Stephen Scales	
8:55 AM	Mainpro+ 2024: Refreshed and Revised – Melissa Lujan (CFPC)	
9:00 AM	An Approach to the Abnormal CBC in Primary Care - Dr. Pierre Whitlock <i>Objectives:</i> <i>More efficient way of reading CBC</i> <i>Demystified CBC results</i>	1 Mainpro+
10:00 AM	Nutritional Break	
10:30 AM	Common Allergy Issues and Management Strategies - Dr. Hannah Roberts <i>Objectives:</i> <i>Review common presentations in allergy, through case-based learning.</i> <i>Discuss management and treatment options, based on current evidence-based guidelines.</i> <i>Consider application of knowledge and available tools in clinical decision making.</i>	1 Mainpro+
11:30 AM	A Family Medicine Approach to Weight Management - Dr. Jamie Johnstone <i>Objectives:</i> <i>To offer a framework for addressing weight management in a typical family practice setting. To share how some family physicians balance medications diet advice, and lifestyle advice for weight management in their patients.</i>	1 Mainpro+
12:30 PM	Awards Luncheon & Annual Meeting of the Members	
1:30 PM	Alcohol Use Disorder: How to Avoid Withdrawing from Opportunity - Dr. J.J. Rasimas <i>Objectives:</i> <i>Attendees will learn about the evidence base behind and practical application of non-benzodiazepine pharmacologic management of alcohol withdrawal that may be particularly useful for patients outside the acute hospital setting.</i> <i>Attendees will appreciate how a targeted assessment of co-occurring mental illnesses can improve the chances of arriving at effective treatments for patients with alcohol use disorders, thereby decreasing the negative effects of problem drinking and making recovery more likely.</i> <i>Attendees will acquire detailed knowledge about pharmacologic interventions for alcohol use disorders that can be tailored to the particular needs and preferences of a variety of different patients.</i>	1 Mainpro+
2:30 PM	Current Issues / Common Cases in Diagnostic Imaging – Dr. Melanie McQuaid <i>Objectives:</i> <i>To review current imaging challenges on Prince Edward Island</i> <i>To discuss radiology's perspective on common cases in diagnostic imaging</i> <i>Case review</i>	1 Mainpro+
3:30 PM	Closing - Dr. Stephen Scales	
3:30-6:00PM	Social Delta Lounge- all welcome	

Research presentations:

Prevalence of Anxiety and Depression Amongst PEI Farmers
Dr. Meghan Cameron MD

Supervision of Senior Family Medicine Residents: A Qualitative Study
Dr. Pdraig Casey MIGCP

The Impact of a Primary Care Physiotherapist in a Medical Home Setting
Dr. Stephanie Bell MD

Cognitive Behavioural Therapy Skills Could Help Family Physicians
Improve their Patients' Mental and Somatic Health
Dr. Peter MacKean MD

Dalhousie Family Medicine Residents' Scholarly Projects:
What Do They Write About?
Dr. Jim Thompson MD

Nabilone for Behavioural and Psychological Symptoms of Dementia
Dr. Rianne Carragher PhD(c), UPEI Faculty of Nursing

Exhibitors:

Denise Lavoie Physician
Physician Resource Officer

Dalhousie Family Medicine

Jennifer Grochocinski
Melissa Lujan

CFPC Manager Education, SOT
CFPC Manager Mainpro+

Venessa Cormier
Cheryl Burns
Karen Zakem
Katie Beck
Amy Bulnes

OMA
Provincial Realty
MRSB
Exercise Physiology
The Travel Clinic

Evaluation:

<https://www.surveymonkey.com/r/PEIFMC24> or scan the following QR code:

